



DRAGON TANG SOODO

Dan Grading Form

Please complete in Block Capitals

Full Name

Grade Applied for

Address

Date of Test

Post Code

Club

Email

Instructors Signature

Tel No

Applicants Signature

Date of Birth

(Guardian if under 18 years)

Remarks e.g. Injuries, Ailments etc.

Complete as Appropriate

A= Excellent

B= Very good

C= Satisfactory

D = Below Average

E= Referred

Hand Techniques - A B C D E

Kicking Techniques - A B C D E

Hand/Foot Combinations - A B C D E

Pad Work - A B C D E

Il Bu E Bu Sam Bu

P Cho Dan P E Dan P Sam Dan P Sah Dan P Oh Dan

Bassai N Cho Dan N E Dan N Sam Dan

Sip Soo Jin Do Ro Hai Kong Sang Koon

Bong Il Bu Bong E Bu Bong Sam Bu

Dan Gum Jang Gum Ji Pan Gi

One Steps/Self Defence - A B C D E

Bong One Steps - A B C D E

Free Fighting - A B C D E

Breaking - A B C D E

Speed Break - A B C D E

Attitude, Spirit & Determination - A B C D E

Written Test - % Retake Test Yes/No

Improve the following:

Pay attention to detail More effort/power

Stances: Front Back Horse Side

Focus of Eyes Chamber Position Ki Haps

Shape of foot on kicks

Hand Pad Work Foot Pad Work

Forms

Ki Cho Hyung 1 2 3

Pyung Ahn 1 2 3 4 5

Bassai

Naihanchi 1 2 3

Sip Soo

Jin Do

Ro Hai

Kong Sang Koon

Bong Form 1 2 3

Dagger Sword Cane

Hands – No's
Kicks – No's
Self Defence – No's

Bong – No's

Fighting comments:

Perform Breaking Technique in class

Other comments:

Examining Panel Approving Promotion

1.

2.

3.

4.

5.

6.